

Could you benefit from:

- Free or low-cost **health care**?
- Help paying for **child care**?
- A larger **tax refund**?
- Free or reduced-cost **school meals**?
- Money to help buy **food**?
- Help paying your **energy bills**?



**BRIDGE
TO BENEFITS**

Another Way Children's Defense Fund Helps Strengthen Families

www.bridgetobenefits.org

Find out if you may qualify for public programs that can help stretch your budget:

- Medical Assistance
- MinnesotaCare
- General Assistance Medical Care
- Child Care Assistance
- Food Support
- Energy Assistance
- School Meals
- Earned Income Tax Credit
- Working Family Tax Credit

It's quick, easy, free and confidential

Five simple steps that can help you and your family:

- 1 Use a computer with an Internet connection
- 2 Visit www.bridgetobenefits.org, click the start button
- 3 Answer questions about your household and income
- 4 Learn if you or your children may qualify for any of nine public programs
- 5 Find out how and where to apply, print applications and learn more about programs



**BRIDGE
BRIDGE
TO BENEFITS**

Children's Defense Fund Minnesota
555 Park Street, Suite 410
Saint Paul, MN 55103
651.227.6121

www.bridgetobenefits.org